

# School District of Shiocton

## October K-12 Lunch Menu 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No School	3 Homemade chicken noodle Soup, String Cheese dinner roll, Peas and carrots, Applesauce	4 Spaghetti w/ Meatballs Fresh Garden salad Garlic bread sticks, Pears	5 Cheeseburgers on a WG Bun Gold Fish Crackers, Baked Beans, Mandarin Oranges	6 Parfaits Pizza Dippers, w/ marinara, Seasoned Green Beans, Pineapple Chunks
9 Chicken Nuggets Seasoned Rice Seasoned Broccoli, Strawberries, blueberries and apple slices	10 Grab n go salads Chicken Alfredo w/ a twist, Green Beans Peaches, Garlic toast	<b>11 Brunch For Lunch</b> Pancakes w/Syrup Hash browns, Sausage, Orange Juice Milk	12 Grab n go salads Pizzaroni., Fresh Crisp Garden Salad, Mandarin Oranges, Breadsticks	13 Parfaits Build your own soft shell taco /trimmings, Whole Kernel Corn, Pears
16 Grab n go salad Chicken and gravy over Creamy mashed potatoes, Peas, Cranberry sauce, Sliced bread Orange smiles	17 Parfaits Portessi Italian cheese fries, Seasoned Green Bean, Sliced peaches	18 All Beef Hot dog on a WG bun, potato Smiles, Baked Beans, Pears	19 Grab n go salads Build your own Burrito w/trimmings, Peas and carrots Mandarin Oranges, Peas	20 Grab n go salads Tomato soup w/ Grilled cheese, Seasoned Mixed Vegetables, Applesauce cups
23 Parfaits Orange Chicken over Seasoned rice, Stir fry vegetables, Sliced Peaches, Dinner Roll	24 Mini Corn dogs, Creamy Seasoned Mashed potatoes, Seasoned Broccoli, Fruit Cocktail	25 Super Nachos w/ meat sauce, Whole Kernel corn, Apple Juice	26 Build your own Loaded Turkey ham and cheese Sub on a WG bun, Fruitable Juice Fresh Vegetables Dried Cranberries, (Craisins) Birthday Ice cream cup	27 Grab n go salads BBQ Pulled pork Sandwich Tri taters, Baked Beans, Mandarin Oranges
30 Chili w/ homemade buns, Seasoned Peas and carrots, strawberry cups	31 Chicken Patty on a WG Bun, Tri Taters, Baked Beans, Fresh Apples		<b>Milk Choice with each meal served daily</b>  <b>1% Lo Fat white Milk</b> <b>Skim fat free White Milk</b> <b>Skim Fat free Chocolate</b>	<b>K-8 \$2.50</b> <b>9-12 \$2.75</b> <b>Adult \$3.30</b>

- Menu does have subject to change without notice.
- Fresh vegetable are served daily

**Don't 4 Get to take at least one 1/ 2 cup of fruit or vegetable for healthier choices. Per USDA Guidelines.**

This is institution is an equal opportunity provider