

SCHOOL DISTRICT OF SHIOCTON

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Dear Parent or Guardian of the Shiocton Schools:

The School District of Shiocton needs your help to make sure all of our students are fully prepared for academic success. We all know that hungry children have a more difficult time doing their best work. That is why we encourage all students to begin the school day with a nutritious breakfast.

The School Breakfast Program is available to all students to purchase every weekday. You do not have to register your child in advance. Your child can eat breakfast at school every day or occasionally. School breakfast makes good sense-it provides $\frac{1}{4}$ of your child's nutritional needs, meets Dietary Guideline recommendations, and offers children a chance to eat breakfast with their friends.

School Breakfast is an ideal solution on busy mornings when kids are running late or parents have to be at work early. Whatever the reason, if breakfast at home is not convenient, please have your child take advantage of breakfast here at school.

Thank you for helping us to make sure that all of our students start the day alert, well fed and ready to learn.

Sincerely,

Debra Danke
Nutrition Program Director

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