

THE CHIEF GAZETTE

Friday, April 9, 2010

Cover It Up!

Most of us love the warm weather that comes along with spring and summer. With this weather also comes shorts and tank tops. If you choose to wear this type of clothing in school, you must also follow the rules.

Inappropriate clothing is never acceptable at school. This includes anything that draws attention to you or distracts classmates. Shorts, skirts, and dresses must be longer than your fingertips when your arms hang at your side. Bra straps must never show, which includes spaghetti-straps. Any other clothing that reveals too much body, through lack of fabric (holes), is also unacceptable.

Wearing indecent clothing has its consequences. Your punishment can range from a verbal warning to detention. But every time you are caught, you will have the privilege of wearing a "Mrs. Zienart is my new BFF" t-shirt and/or sweat-pants.

This school code has not been enforced lately. "It is not enforced very well. I see a lot of people wearing what they shouldn't and nothing being done," commented Jacob Riehl. Hopefully, as the season goes on, people will pay more attention and take care of this problem.

Even though summer clothing is much nicer to wear as the hot weather comes, you must be careful with what clothing you wear. Nobody wants to see anything indecent at a safe place like school. Please cover your body up to protect yourself and others.

Rogena Warner and Stacey Krull



NEWS

Easter Traditions

Many people celebrated Easter with colored eggs, baskets filled with candy, and of course the Easter Bunny. Although people follow these traditions every year, many people, including Stacey Krull, don't know the reasons and story behind them. "I would really like to know what these traditions symbolize because then they would mean more to me," commented Stacey.

Easter is a Christian holiday celebrating the resurrection of Jesus Christ after his death on the cross. But even as a religious holiday, the Bible does not mention anything about a little white bunny giving out eggs and candy. However, the rabbit symbolizes birth and fertility which directly relates to the rebirth of Christ. The Easter bunny was first celebrated in Germany as the 'Easter Hare', and came to America with the first German immigrants.

In Medieval Europe, eggs were forbidden during Lent, the time that led up to Easter. They were boiled and colored during Lent in order to save them for Easter Sunday. Many of them were colored red to symbolize the blood of Jesus. In addition, Easter eggs are a symbol of fertility and new life, which relate directly to the holiday.

However, Easter, like every other holiday, has a commercial side too. Chocolate eggs and peeps have no significance to the holiday. Selling Easter candy is just a great way to make money. Easter is the 2nd largest candy-selling holiday, behind Halloween. Even though baskets filled with candy don't have a meaning, they are still a great part of Easter.

Many of the silly traditions that go along with any holiday are just a fun way to teach children the significance of the holiday. Easter, in this way, is no different than other holidays.

Rogena Warner

Reminder About Post Prom

On April 17th, prom will be here. Many people think it's a day to go out and party, but that isn't the right choice. Post prom is the alternative right thing to do. It is a fun filled three hours of gambling. Who wouldn't want to gamble before they are eighteen? Just think about it, would you rather be drinking and not have control, or have control, gamble, and win really cool prizes? Most people would choose the winning of really cool prize because being in control is way more important than going out and partying that night. Some prizes include an iPod shuffle, Victoria Secret coupons, Country USA tickets, and much more. There is blackjack, roulette, Texas Hold'em, and bingo. You can also try your luck at the laser shooting game or the volleyball tourney. Post prom runs from 12:00am to 3am and is only \$2.00 for people who did not go to prom, and it is free for those who do go. There will be tons of food, drinks, and entertainment. Two dollars for three hours of fun is an amazing deal. So come on down to post prom and try your luck in winning.

By: Amber Rietveld

Changes Were Made!

This past Monday the junior class had a meeting about our prom court. Many of the juniors were upset with the decisions that the prom committee made, so in order to solve these problems we had to have them talked out. In the beginning, we had the whole class in there, and we brought up all the problems. Mrs. Ligocki explained what we had decided and that we were going to keep that decision.

After that she called off the names of all the people who paid their dues and that have helped with prom and asked them to stay after for a further discussion on the court plans. The plans were to keep our first decision, and this contains picking the students for court randomly and the King and Queen the same way. Then we talked about it, and we talked about the voting option. However there weren't enough guys who have paid their dues to do the picking that way, so for voting on court was not an option anymore. Then the idea of voting for our King and Queen was brought up. In order to try to make everyone happy, we considered that idea. After some talking about it, we decided that we will be voting for our King and Queen. The voting will take place on Thursday, April 15th.

Our King and Queen will be announced at the prom after the court walks out. If you want to know who is the 2011 Junior Class King and Queen, come and join us at the 2011 Junior Class Prom on Saturday, April 17th.

By: Stacey Krull

Are You Drinking Enough?

Drinking water is very important for staying alive; on average, 60 percent of a person's body is made of water. To find out how much water you need to drink, you should take what you weigh then divide it in half, and that's how much you should drink. For instance, I weigh 150 pounds; I should drink 75 ounces of water per day. If you exercise, then you should drink 8 ounces for every 20 minutes you work out. For every soda, you drink, you need to drink that much water to rehydrate your body.

I asked Brock Pahlow how much water he drinks in an average day he exclaimed, "I probably drink about six glasses, but I probably should drink more but I don't!" Not many people do drink the right amount of water. An easy way to find out if you need to drink more water is you can just look at the color of your urine. It should be clear and have no odor; if it is yellow or brown, then you need to drink more water. There are more ways to find out, but that is the easiest way of knowing.

By Austin Hooyman

Prom

When I asked Melissa Siegmund how she feels about how prom is being run this year, she feels that the traditional way is better, but is pleased with the compromise on voting for king and queen. Then I asked her what her big plans for prom were, her response was, "I plan on going with my main man, Ike. We are going to go in a group with some other people to Olive Garden and to prom afterwards." Then I asked Jose Tamayo what he plans on doing, he said, "I plan on riding solo (going alone) this year, and before I go, I will eat some fried chicken and drink some Kool-Aid." They both feel that prom this year will be a lot of fun, and they plan on dancing the night away.

Girls on prom court are Melissa Siegmund, Laura Gomm, Alex Patza, Renee Obermeier, Nicole Tarlton, Elaina Jandourek, Alyssa Colwitz, Jennifer Van Asten, and Stacey Krull. Males on court are Fred Puls, Brandon Janke, Jared Besh, Josh Helser, and Sean Klemp.

By Austin Hooyman

SPORTS

Coaches Corner

Mr. Doro

Mr. Doro is a 1972 graduate of Berlin High School. After high school, Mr. Doro went on to college at UW-Stout to pursue his profession in teaching. In 1976, Mr. Doro graduated UW Stout with a degree in Technology Education. That same year, Mr. Doro started his teaching career here in Shiocton. During his years here, Mr. Doro had the opportunity to teach and coach many of our parents. In 1976, Mr. Doro started coaching basketball at Shiocton. He showed the young guys how it was done and helped lead them to two back-to-back conference championships in 1991 and 1992. In 1980, he started coaching high school football. He was line coach and had the opportunity to coach our very own superintendent, Mr. VanderHeyden. Throughout the years of coaching football at Shiocton, the Chiefs were conference champs in 1980, 1981 and 1983, which was also the year they made it down to state. Mr. Doro helped coach football for many years here in Shiocton and still helps out during games. I also had the great opportunity to have Mr. Doro as my 8th grade basketball coach. He still coaches middle school basketball and football. He is married and tells me he has "tons" of kids.

By Jared Lee Besch

April Showers

April showers may bring May flowers, but they also cause problems for spring sports. Spring sports are the hardest to keep on schedule. They often have conflicts with the weather because the fields can't be too wet, and there cannot be any lighting with the use of metal bats and metal batons. Tuesday night, we had to cancel all the sporting events due to the weather. Most times, we are not even able to have the first couple weeks of games because there is still snow on the ground. Therefore, we have to cram many games in at the end of the season. It also makes practicing difficult. It is rather hard to practice running or playing baseball or softball indoors when they are sports that are meant to be played outside. Therefore, when the first games are able to be played, we are not prepared properly. There are many differences from indoors to outdoors, going from hardwood floors to sand, using rubber balls to using actual softballs, etc, make it much more difficult. This year was looking very good for the start of the season. It was very nice all last week, so most of us were thinking we were going to have our first game. Monday arrived, and it became overcast. The boys still had their baseball game. However, later that night it began to rain. The rain continued on until the morning. This caused bad fields and unplayable conditions. Hopes of having our first game were shot down. It's not the first time, and it surely won't be the last. But when you are hoping for rain so you can have pretty flowers to look at, we are hoping it doesn't rain so that we can play our games!

Monday Night Baseball

By Tom Dahlke and Brock Pahlow

Monday, April 5th, the Chief's baseball team hosted their season opener to a non-conference team, St. Mary's Central. Unfortunately, they lost in the sixth inning 13-2, but since it was their first game, there were several errors that started to build up over the course of the game. The first inning errors gave the Zephyrs a 2 run lead, but three base-hits in a row from Dylan Van Straten, Derek Van Straten, and Brock Pahlow changed the score to 2 to 2. Regrettably, those were the only points that the Chiefs could put on the board. Next week, they will play at Bonduel on Monday and Weyauwega on Thursday.

NCAA Championship Game

The biggest college basketball game of the year happened Monday. As many of you might know, it was a game between the underdog being the Butler Bulldogs (5th seed) against the Duke Blue Devils (1st seed). Duke is located in North Carolina, and Butler is located in Indiana. This was an advantage for the Bulldogs considering the tournament was held in Indiana. I was personally cheering for Butler because I'm not a fan of Duke at all. The game was back and forth all game. Butler struggled to get rebounds over Duke because of Duke's giant height advantage. Duke's big three, Kyle Singler, Jon Scheyer, and Nolan Smith, did much of the offensive scoring for the Blue Devils. There were 13.6 seconds on the clock in the fourth quarter, when Gordon Hayward was inbounded the ball. He drove the lane and shot a fade away over Zoubek, but he shot the ball to strong and missed the shot. After a quick foul by Butler, Duke made the first free throw but missed the second, and now Duke led by two. With only a few seconds on the clock, Gordon Hayward rebounded the missed free throw and sprinted down the court for a last second half-court shot. This was setup to be a classic ending for the championship game. Hayward threw the ball up, and it banked off the backboard and hit the front of the rim for the miss. Duke instantly began celebrating their NCAA championship.

By Thomas Dahlke

Top 5 Best Running Backs Ever

5) Emmitt Smith- This was a very tough pick for me to make. This man has great numbers and is number one on many people's best ever list. When he was playing his best ball, he was playing for the Dallas Cowboys. The reason why I dropped him to five is because for most of his career he had one of the best offensive lines in front of him in the NFL. You could stick an average running back in with that line, and they would have had very good seasons.

4) Jim Brown- This was a very powerful running back and was hard to bring down. Unlike Smith, Brown had a not so good of an offensive line for much of his career. I couldn't keep him out of the top five because of the great numbers he put up with a subpar offensive line. He had once rushed for 2,000 yards in only 8 games, and I find this very impressive. He played for the Cleveland Browns.

3) Gale Sayers- I know I may get a lot of insults about this pick, but this is my top five so I don't care. He was a extremely good running back but was cut short on his career because of injury. He might not have the best numbers ever just because of his short time in the league, but he had some of the best ability that the NFL has ever seen. While he was playing, he was one of the best running backs around. He also has a very good movie called Brian's Song; check it out. He played for the Chicago Bears.

2) Barry Sanders- Here is another great running back that ended his career early. Sanders in my opinion had the best spin move and juiking ability ever. Defensive players always had trouble wrapping this man up because of his amazing quickness. This was a very close fight for number one. He played for the Detroit Lions.

1) Walter Peyton- Peyton, in my opinion, had the most heart out of any running back. Here's a guy who is near the top in just about every running back record. He (like Jim Brown) had a terrible offensive line but still managed to be the best running back ever. What he did for the Chicago Bears, with the not so much talent around him, was just amazing in my opinion.

By Thomas Dahlke

EDITORIALS

Weight Training Tip of the Week

By Brock Pahlow

How Much Protein Do You Need?

Some people recommend 40-70 grams of protein a day, some say only 30, but the truth is you need to calculate how much you take in. The amount you need is determined by using your body weight and how much you lift. To find the grams of protein to take, take your body weight and divide it by 2.2, then multiply that by 1.5 to find the daily amount of protein in grams. So for me, I would take 285lbs (Yeah I'm a big boy), divide by 2.2 (about 130), then multiply by 1.5, to find that I need to consume relatively 200 grams of protein a day. There are also variations of amounts for those who lift harder or don't lift very often. If you lift a lot, then instead of multiplying by 1.5, you'd use 2.4, and if you don't lift frequently, you should multiply by .86 instead. But how is the best way to obtain this amount? Well, according to a recent study by Muscle and Fitness, Whey Protein is the best supplement for body builders, it ranked higher than Creatine! But you also have to consider all the food you eat in a day, because if you just take straight up protein shakes for protein, it may have a reverse affect on your body. So calculate the amount you need and start lifting...

ESPECIALLY NEXT YEAR'S FOOTBALL PLAYERS!!!

How Well Do You Know Your Teacher?

Hopefully everyone is guessing their teachers correctly. I also hope you are learning something new about the people you see every week. Good luck this week. Here are the facts for this week's featured teacher:

I am 38 years old. I went to UW-Stout and UW-Oshkosh. I love to read and garden. I am married and have three children. Not many people know that I eloped, and was married in a Judge's chamber during a recess of a criminal trial. Students think of me as someone they can trust. I have never parachuted. I will accomplish everything I want to before I die because I accomplish things as I think of them. I never leave my house without my clothes. If I could be anyone for a day, I would be Susan B. Anthony. If I won the lottery, the first thing I would do is help my family. My favorite movie is To Sir With Love. I am afraid of horses. I became a teacher because I love kids and learning. The best thing about my job is it's never the same.

Rogena Warner

Mystery, Comedy, and Action!

Looking for a good movie with suspense, action, comedy? Then I would suggest going and watching Sherlock Holmes. In this movie, Holmes and his sidekick, Watson, finally catch the serial killer, Lord Blackwood. When they celebrate another successful case, Lord Blackwood mysteriously returns from the dead and begins to kill people once again. Holmes and Watson must take up the case once again and finally defeat the great Lord Blackwood. They must unravel the clues that lead Blackwood into a twisted web of murders and black magic. While trying to find Blackwood, they come to a series of funny events like when Sherlock was drugged by a girl he likes. Will the team finally take down Blackwood, or will Blackwood keep up with the killing? Find out when you watch Sherlock Holmes.

By: Amber Rietveld

Dew or Mountain Lightning?

It's a great question; but first how can you even begin to compare the two? They're the same thing, right? One's just a cheaper version of the original, right? Mountain Lightning is produced by Wal-Mart, as a store brand that is the generic version of the original, but tastes the same as Mountain Dew. The only difference between the two is that Mountain Lightning has less caffeine than Mountain Dew. But, do they really taste the same? I asked Cody Ahrens about his thoughts on the matter, and he replied, "Mountain Dew is way better!" But why is that? "It just tastes better; it has a stronger and better flavor than Mountain Lightning." Many companies try to copy the taste of Dew, but none of them seem to get it just right. If you are low on cash and don't have enough for a 12 pack of Mountain Dew, Mountain Lightning is a great substitute.

By Zach Snortum

Burger King VS McDonalds

Both McDonalds and Burger King have hamburgers, but the question is which one tastes better and is worth eating? Burger King gives the hamburger the taste of outdoor barbeque grilling while McDonalds fries the burger over a flat grill, so it can have the taste of indoor cooking. The cost for a hamburger at McDonalds is \$0.89 while Burger King is \$0.99. Some prefer McDonald's hamburgers because it is juicier and Burger King's hamburgers upsets his or her stomach. While on this topic during Newspaper class, Brock Pahlow said, "You can't argue with onion rings." Onion rings are available at BK and not at McDonalds. "BK has the double cheese for only a dollar, and they are even better than McDonalds' McDouble," commented Austin Hooyman, a junior. Amber Rietveld and Miranda Walenski, seniors, don't like either one. "The food at both restaurants are unhealthy for you," said Miranda. Which of the two is better? "Have it your way!" or "I'm Lovin' it," you decide.

By: Ilene Sanchez

Alvin and the Chipmunks The Squeakuel

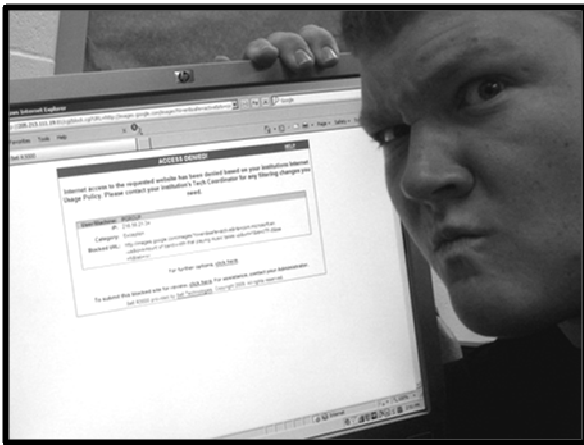
On Easter, I saw the movie Alvin and the Chipmunks: the Squeakuel with my family. It was funny and had really great songs that were sung by the Chipmunks and the Chipettes, such as "Hot n' Cold" by Katy Perry and "Single Ladies" by Beyonce. If you want to have a movie night with your family, this movie is a great choice. The funny, furry brothers Alvin, Simon, and Theodore are back! The movie starts out with an accident involving Alvin and Dave Seville. Dave has to stay in the hospital until he gets better, so Alvin and the Chipmunks are sent to live with Dave's cousin, Toby. The Chipmunks have to enroll in school because Dave wants them to be like every normal kid. They had to deal with peer pressure, the football jocks, and the Chipettes. The Chipettes, who are Brittany, Jeanette, and Eleanor, are managed by Ian Hawke who is the Chipmunks greedy former manager who wants to turn the Chipettes into the next big thing. Will there be a rivalry between the Chipmunks and the Chipettes? Find out what happens to them in this comedy .

By: Ilene Sanchez

You Know What Really Grinds My Gears...

By Brock Pahlow

THE SCHOOL OVER BLOCKING THE INTERNET



You are setting up your account on actstudent.org, when it sends your password to your yahoo e-mail account. There's a problem though; the school internet doesn't allow you to access your e-mail! So you have to wait until you get home, and if you have my luck, your internet will be down and then you can't access your account at all. Well this and image search blocker, I think, are a little ridiculous. If you have a student searching "naughty" images, it's pretty obvious. And if our school can supposedly track what students are doing, then how does it not pop up in the security log or whatever it is. So either the computer tracking system is a crock, or we need to lift the blocked

images. Also, this assumption that playing music from the internet will eat up the bandwidth seems a little too suspicious. Playing audio from internet takes up about 6k-7k of the bandwidth, which is a very low amount and is not noticeable. "But if everyone is playing music at the same time, it will slow it down!" Newsflash! If there's a class, the whole class isn't playing music at the same time, for if it was, there would be nothing but random music playing all at the same time, causing no one to be able to listen to their music. During all of the classes I am in that we play music off of the internet, one person plays it for the whole class, thusly causing a very miniscule amount of damage. In conclusion, let's get rid of some of the blocking. The things that take up the most bandwidth are internet games and videos. So, just steer away from those, and everyone can enjoy the speedy internet.

The Featured Teacher Is:

Mrs. Louis!

