

2019-2020

**SCHOOL NURSING SERVICES
ANNUAL REPORT**

**Victoria Fors, BSN, RN
School Nurse
Shiocton School District**

**School Nurse Report
Year 2019-2020
Accomplishments & Statistics**

HEALTH ASSESSMENT

	Total	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May/ June
Health room visits										
illness	892	99	92	85	113	194	216	93	0	0
injury/first aid	1260	242	171	204	173	244	226	100	0	0
office visit	390	64	68	48	31	57	79	43	0	0
Total (Last Year)	2642 (4178)	405	331	337	317	495	521	236	0	0
PRN Meds	335	51	56	38	40	60	65	25	0	0
sent home	210	25	17	22	20	45	55	26	0	0
Parent Contact	618	178	77	69	64	84	101	45	0	0

COMMUNICABLE/NUISANCE DISEASE SCREENS

Screened: Head lice: 67 Impetigo: 2 Pinkeye: 1 Ringworm: 0 Scabies: 1 Pertussis: 0
Identified: 7 Fifth Disease: 0 Varicella: 0 Hand/Foot/Mouth: 0

vision screens	289
vision referrals	31
hearing screens	159
hearing referrals	0
blood pressure	67
height /weight	159

IMMUNIZATIONS:

Wisconsin Student Immunization law provides the requirements for all students based on age and grade level. Tracking immunizations for students continues to require extensive work to make sure students are compliant with their required immunizations. Immunizations were checked at the beginning of the year on all current, new and transferred students and on an ongoing basis for compliance. Legal notices have been sent to parents of those students who have not been compliant. This year, we have sent immunization letters and legal notices for 18 students. We have a number of students who are not yet compliant with immunizations requirements by the state-imposed deadlines this year.

HEALTH ROOM VISITS:

Student visits to the health office can range from simple to complex. Throughout the year, numerous students were seen for urgent care regarding burns, concussions, fractures, and deep lacerations. We continue to see the typical visits, which include first aid care, illness care, medication administration, mental health issues, bathroom and hygiene care, head lice and other communicable disease checks, vision, hearing and height and weight screening. Many students are also dealing with more complex health problems that require multiple daily visits for health care. Nursing assessment is required for some complex health concerns and this cannot be delegated to a health aide. These concerns and related tasks needs to be addressed and care planned by a nurse. As the school health professional, other staff members come to me with health-related questions and guidance with medical issues. We value helping our staff with some issues that we can safely and effectively manage in the health room, hoping to prevent lost time at work and a visit to the doctor.

MEDICATION:

Some students receive daily prescription medication at school. We dispense an average of 7 prescription medications per day to students to treat various chronic health conditions. We also have other prescription medication that may be given on an as needed basis. Another common medication used is inhalers, which are used to treat asthma. Some students require assistance using their inhalers properly so they are kept in the health office so we can help them when needed. On average, we have **12 inhalers** stored in the health office in addition to inhalers that the students self-carry. The most frequent dispensed non-prescription medication is acetaminophen, which is given for headaches, muscle aches, orthodontic pain and menstrual discomfort. Dispensing this medication allows students to stay in school. On an average in the health office, we keep around **73** different medications brought in by parents for their child to be used if needed. Medication that is given needs the parent's permission in addition doctor's permission for all prescription medications. We are in frequent contact with many different physician offices as medications are started or changed at school. Parents must supply the medications but we do carry some stock medication such as Acetaminophen and Benadryl. Medication policies are strictly followed.

IEP AND STUDENTS MEETINGS:

When needed, individualized health summaries are compiled and written on students requiring special education assistance. Whenever there is a particular health concern with a student, or the student receives medication, I am invited to attend the IEP meeting for this student. Periodically, I participate in other meetings related to school planning for students due to medical or other issues.

PLANNING SCHOOL HEALTH CARE FOR STUDENTS WITH SPECIAL HEALTH NEEDS:

There are many students attending school that have a health condition that could pose a potential urgent or emergency situation. This year, there were **6** students that required Epi-pens to be kept at school for potential life threatening allergic reactions. We have **2** students requiring emergency medication for diabetes and **2** students with emergency medication for seizures. Medical Alerts, or **emergency plans** are prepared in collaboration with parents, and, if appropriate, with the student's physician input. There were **43** students who required emergency plans to be coordinated with the parents and the physician if needed. This information is also communicated to the school staff by means of building a **special health concerns lists**. Confidentiality is highly stressed. These lists are updated and given to the staff when appropriate at the beginning of the school year and on an ongoing basis. Cafeteria and playground supervisors are also trained as needed in proper interventions regarding bee stings, first aid, and Heimlich maneuver, etc.

FLUORIDE TREATMENTS:

Through the health office, we administered weekly fluoride treatments for approximately **192** students in the elementary school, grades 1-6. The fluoride is provided through a grant from Outagamie County and is for a 30-week program. Many of the students within our district are living in an area where there is no fluoride in the water. This is an excellent dental health benefit for them. Unfortunately, the company, Plak Smacker, that supplies the single dose fluoride treatment is discontinuing its production. In speaking with Plak Smaker, they stated that new laws regarding sterilization of the product that went into effect would make the cost increase by 300%. They were disappointed to no longer be able to supply individual fluoride rinse for schools. The Outagamie Health Department is unable to locate a new supplier at this time. The future of the fluoride program is uncertain for next school year.

FIELD TRIPS:

Every year the health office coordinates all emergency information and supplies for the field trips at school. We review all emergency information and ensure that all appropriate staff is aware of specific health concerns, protocols and medication. I also ensure that staff has completed medication training per Wisconsin state law to deliver the necessary treatment and medication on the field trip. The total number of field trips planned for this year was about 52.

PARENT CONTACTS:

Parent contacts are done on a daily basis as needed. Parents contact me frequently for health information and medical advice on their child's illness, injury, or to report health information to me. Communication from the health office to home is a very big priority. We want to keep parents well informed of injuries or illness at school. This year, we have made **618** parent contacts. This number does not include parent contact we make when medication is brought in to the health office or a student is sent home. We act in the best interest of the children in helping the parent/guardian decide what may be the appropriate measures for the particular situation. We continue to work hard to build an excellent rapport with the parents in the district. This number does not include the parent/guardian contact made during the building closure. Parent contacts or voicemails were made at least two times to the students with significant health conditions.

The health office is also involved with school attendance issues with students. Communication with parents due to high absences of students is initially conveyed via a letter from the school nurse. During this school year, 90 attendance letters were sent because of the request of the school offices.

OTHER PROGRAM INVOLVEMENT for previous nurse and/or current school nurse:

- Supervise the health room assistant.
- High School/Elementary School Pupil Services Team member
- Coordinated free dental clinic for K5- grade 5
- Training Administrator for required medication training for staff, coaches, and volunteers
- Coordinator of the PAD (public access defibrillation) program for school
- Maintained Heart Safe School designation criteria
- Organize mock emergency drills for AED/CPR each semester
- Instructor certification from American Heart Association for CPR/AED
- Taught multiple Heartsaver CPR classes to staff, coaches and community members
- Assist in teaching Human Growth & Development to 4th and 5th grades
- Member of Wellness committee
- First Aid training as needed to staff
- Organized on site Flu shot clinic for staff
- Performed screenings during all Child Find Days
- Helped develop school mental health crisis protocol
- Active member of Wisconsin Association of School Nurses
- Member of National Association of School Nurses
- Collaboration with County Nursing and CESA 6 Agencies
- Worked with Lion's Club to perform SPOT screener vision testing to K4, K5 and grade 1 students
- Wrote monthly health/wellness related articles in The LINK
- Participated in K4/K5 Fall orientations
- Daily mentoring of high school student interested in health field career
- Assisted with blood borne pathogen training for all staff and coaches
- Weekly virtual meetings with DPI, School Nursing and Health Services Consultant and other district nurses across the state during COVID-19 building closures.
- Maintain and update all health-related policies and forms
- Maintain all student health records.