

Mental Health Crisis Flowchart

Mental health emergencies may take forms in many different ways (i.e., depression, anxiety, panic attacks, phobias, destructive behavior, talk of suicide, etc.). Intervene only if the situation is safe for you.

Does the student have visible injuries?

YES

Call school health office.

Call 911 if any injuries require immediate care.

Do not leave student alone.

NO

Does student's behavior present an immediate risk of physical harm to self, persons or property?

Is student armed with a weapon?

YES

Immediate Response NEEDED!

(May include: Calling 911, Activating NVCI Response Team, do not leave student alone- if your safety is not at risk)

NO

Communications should be non-threatening.

Acknowledge that the person's feelings and offer to help.

Face the student at eye level, and avoid physical contact.

Do NOT challenge or argue.

Attempt to involve school counselor to assess the situation, or another adult who the student trusts.

Does this student have special needs or a behavioral action plan? If so, seek the appropriate staff for assistance.

The cause of unusual behavior may be psychological, emotional, or physical (i.e. fever, diabetic emergency, overdose, drug abuse, head injury, etc.). The student should be seen by the school nurse and/or school counselor.

Suicidal and violent behavior should be taken seriously. If the student has threatened to harm him/herself or others, contact the responsible school authority immediately (school counselor, police liaison, nurse, admin).

Contact responsible school authority & parent/guardian of student.

Document action taken and care provided.

Staff Extensions

HS Counselor- 711

HS Principal- 751

EL Counselor- 762

EL Principal- 747

Nurse- 414

Special Ed. Director-
773

Superintendent- 761